

## Talent Insights - September 2022

The latest on high-impact, high-quality coaching, leadership acceleration, and outplacement/career transition

### A Message from our President & CEO



#### Greetings!

It's an exciting season of growth -- both for our clients and for Bravanti! We are excited to welcome Angie Auvil back to our team to help serve our clients. I have been reflecting on resilience and what each of us as individual leaders needs to do, and maybe need to do differently to continue to grow and celebrate what we have in ourselves and in our teams. One thing is certain, clearing our minds to reflect on our teams' strengths is critical. Growth comes through well-working teams.

This issue of *Talent Insights* offers some great information on how to maximize your coaching engagement for powerful results, effective ways to build team resilience, and developing your personal brand. We also have book programming available for you. Clients are finding this content very useful for BRG and ERG meetings where a journey of learning is important.

Igniting bold futures,

*Susan Gallagher*

### Welcome Angie Auvil!

*Introducing Bravanti's new Vice President, Business Development*

We're excited to announce the return of Angie Auvil to the Bravanti team! Angie previously worked with us for several years and brings more than 20 years of experience as a global business development leader. Her deep expertise in human capital management ranges from business transformation and culture alignment to leadership development, team building, executive transition, and executive coaching.



In her new role, Angie will help drive Bravanti's strategic growth plans, focusing on new market development, global account management, and strategically partnering with clients of all sizes and across all industries to deliver solutions to complex human capital challenges.

Read more about Angie's extensive expertise and work history in the official press release or contact Angie at [auvil@bravanti.com](mailto:auvil@bravanti.com).

**[Read Press Release >>](#)**

## Executive Coaching

### For leaders and teams

# How to Get the Most Out of Coaching Sessions



## How to Get the Most Out of Coaching

*By Mary Herrmann*

Working with a coach can be one of the biggest growth drivers in your career when approached in an individualized way with results in mind. But what is the best way for you?

In her latest article, Bravanti's Managing Director, Global Executive Coaching Mary Herrmann shares her top tips for getting the most of out of your coaching sessions.

**[Read Tips >>](#)**



# Journeys in Leadership

A Video Series on Executive Coaching

Episode 18:

## Three Tips for Improved Team Resilience

with Elena Arecco Bridgmon

### VIDEO: Journeys in Leadership, Episode 18: Three Tips for Improved Team Resilience

*With Executive Coach Elena Arecco Bridgmon*

Team resilience is an increasingly hot topic with “once-in-a-lifetime” global events now happening every few years. In our increasingly volatile environment, resilience is everything.

In the latest episode of the Journeys in Leadership video series, Bravanti Executive Coach Elena Arecco Bridgmon shares her three tips for keeping your team aligned and progressing forward in times of change.

[Duration: 2:19]

**[Watch Now >>](#)**

# Outplacement & Career Transition

For those in transition



## Developing Your Personal Brand

BRAVANTI 

### Developing Your Personal Brand

*By Career Coach Susan Barbee, CPC, CCSP*

Ever been asked the classic interview question, “Tell us about yourself,” and wonder if you should tell your life story or give a play-by-play of every job since college? Or maybe you wrestle to find the right words to explain why someone should hire you, promote you, or buy your services over the competition?

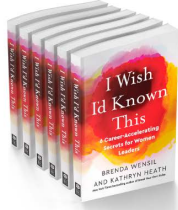
If this sounds familiar, you might be struggling with your personal brand, your elevator pitch that helps to communicate who you are and what you have to offer the world. Bravanti Career Coach Susan Barbee shares how to develop your personal brand in just three simple steps

**[Read Blog Post >>](#)**

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For women leaders and those who lead them

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By sharing copies of “I Wish I’d Known This” with the women in your company, leadership group, professional or personal network, you play a key part in uplifting women everywhere. To thank you for joining this movement, we’re offering additional tools and resources as volume purchase bonuses.

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