

# Paula Kowalczuk

## Career Coach



**"I believe knowledge and education empowers the individual to grow and transition allowing them to ultimately succeed in their personal and professional lives"**

Paula comes in with a partnership mentality where she guides candidates through their career transition by educating and developing them with open communication. This style helps to empower her candidates to acknowledge the value they bring to the workforce and allows them to strategically evaluate the marketplace to achieve their career goals.

### Key Areas of Career Expertise & Accomplishments

Prior to joining Bravanti, Paula has been known for resilience and a lifelong love of learning and teaching about transition in life through a thirty plus year career in nursing and healthcare. Paula's superpower is assisting clients to identify their brand, strengths, weaknesses, and values to ultimately improve their confidence when looking for their next role. Candidates have commented that she shows true interest in them as individuals and "treats them like family" while positively affecting them personally and professionally.

### Education & Credentials

Paula earned a Bachelor of Science Degree in Nursing from Northern Illinois University and a Master of Science in Nursing as Perinatal Clinical Nurse Specialist from Loyola University of Chicago. Over her career, she personally has transitioned through various diverse roles such as Labor and Delivery, Hospice, and ENT-Head and Neck Cancer Surgery, so she can bring this experience to her coaching. She has dedicated her life to educating patients and families, mentoring and instructing nursing students and other health care providers by developing and implementing educational materials, lectures, and conferences.

Outside of Bravanti, Paula is devoted to the health of the community through her work as a Certified Vinyasa Yoga Instructor and volunteering at Canine Companions for Independence - a national organization that provides service dogs free of charge to persons with disabilities.

### Coaching Philosophy

Paula believes that knowledge and education empowers the individual to grow, transition, and ultimately succeed in their personal and professional lives.