

## Lisa Hessel

### Career Coach



**"Even under the best of circumstances, changing jobs can be stressful. Having a professional career coach in your corner gives you the confidence that your job search tools and skills are the best they can be. And when you are confident, you put your best foot forward."**

Lisa is a skilled Human Resources and Leadership expert who has worked in multiple corporate-level HR management, coaching and leadership positions spanning 20-plus years. These roles include Director of Talent Management in the financial industry, and multiple Director-level Human Resources positions for two multinational insurance companies.

#### Key Areas of Career Expertise & Accomplishments

Prior to joining Bravanti in 2020, where she currently serves as a Career Coach, Lisa directed her passion for the art of leadership and the development of human potential to challenging roles in both the business and volunteer sector.

In 2019 Lisa was elected to a four-year term on the Board of Education at Community High School District 128, serving 3,500 students in the Chicago suburbs. The district is ranked #3 Best School District in America by Niche.com, named in the top 15 schools in Illinois, and among the nation's top 450 high schools by U.S. News Best High Schools 2020.

In addition to the leadership and HR positions mentioned above, she volunteers as a Trustee for the District 128 Foundation for Learning, which provides Innovation Grants to teachers and financial aid to students.

#### Education & Credentials

Lisa holds a B.S. Degree in Broadcast Journalism from the University of Illinois at Urbana-Champaign, and attended DePaul University - Charles H. Kellstadt Graduate School of Business, where she completed coursework in Business Administration Management and Human Resources Management. She is also a Master Board Member as certified by the Illinois Association of School Boards.

#### Coaching Philosophy

Clients and co-workers praise Lisa's coaching style as "relational, brilliant, aware and well-seasoned," with a "rare sense of humility, respect and honor for people." Working with Lisa "made me smarter and better equipped to grow my career."

For her part, Lisa says simply, "I am determined to explore and help develop the best in everyone, on both a personal and professional level. It is the best and most rewarding job in the world."