

## Jan Cerny

Senior Career Coach



"I've always been fascinated by how things work, and a teacher, guiding people to achieve their dreams. "Tell me where you want to go. I'll help you get there!"."

Jan brings more than 20 years' experience leading HR strategy for national, multi-national and regional businesses across diverse industries. She's extended her organization development work to non-profits aligned with her passion for community service.

### Key Areas of Career Expertise & Accomplishments

Before forming her HR consulting practice, Leadership Journeys, Jan directed people strategies for several businesses within Maritz, a multinational B2B company directed at improving corporate clients' business performance. There she grew her expertise coaching leaders and individuals to take their performance and careers to the next level.

Jan leverages her many years of leadership and career coaching in her present role with Bravanti. She has helped numerous clients achieve breakthrough insights and develop successful strategies to further their careers. Coaching is Jan's passion. She is a Certified Leadership Coach and accredited as coach in ABT (Asset Based Thinking), helping her clients harness their potential to achieve the amazing!

### Education & Credentials

Jan, an International Coaching Federation member since 2020, completed her bachelor's degree in Psychology with a minor in Biology at Washington University in St. Louis. She completed her masters at Webster University.

Jan has been engaged as speaker and workshop presenter for a number of organizations. She also has several publications and is currently writing a book, *Leading Change - Up Close and Personal* based upon interviews with leaders who share their unique insights, strategies and challenges as they lead organization change and business transformation.

### Coaching Philosophy

Known as "the consummate coach," Jan works with leaders and professionals to see the potential in themselves and find fulfillment at all stages of their careers.