

Helen Harber Singer

Career Coach



**"Connecting is the key.
Connecting people,
organizations, communities,
ideas, values, goals...
Connections give our lives
meaning and are the true
guides on all paths to
success."**

Helen's career has been driven by her passion to help people succeed with a focus on wellness and balance - both personal and professional.

Key Areas of Career Expertise & Accomplishments

Helen began her career at an Atlanta-based executive leadership development firm. It was there that she was introduced to organizational effectiveness principles, leadership coaching, team building and career assessment tools. Helen then moved to a large non-profit, United Way of Metro Atlanta, and focused on building the strength and effectiveness of community and organizational connections.

More recently, she spent over 15 years as a Behavioral and Health Scientist at the Centers for Disease Control and Prevention. Much of her work involved the implementation of public health programs at the intersection of health, economic opportunity, and social capital with the goal of improving health and wellness at a population level.

Helen joined Bravanti as a Career Transition Coach in 2020 and has coached candidates in a wide variety of industries and a range of experience levels. She has particular interest and experience coaching in health-related fields.

During Helen's years at CDC she served in the Injury Prevention Center and the Office of the Associate Director for Policy. She was a recognized subject matter expert in knowledge translation and evidence-based decision-making. Helen developed and authored a variety of nationally recognized products and manuscripts on these subjects.

Education & Credentials

- Master of Public Health, Emory University
- Bachelor of Psychology, Agnes Scott College

Coaching Philosophy

Helen uses an asset-based approach to help candidates bring their professional value into focus and guide them in using data and life experience to identify and capitalize on opportunities that align with their values and goals.