

Carolyn Quintin

M.A

Senior Career Coach



"A ship in harbor is safe, but that is not what ships are built for."

John Shedd, ancient mariner

Carolyn brings a strong background in training and career coaching, with experience spanning a variety of industries including manufacturing, entrepreneurial, higher education, non-profits, corporate, associations and the government sector.

Key Areas of Career Expertise & Accomplishments

In her current role, Carolyn provides coaching, training, and facilitation within the areas of leadership, team building, diversity, and conflict competence. Currently she uses Zoom to facilitate live training sessions. She believes in leveraging social media to develop a personal brand, get referrals, and recommendation with LinkedIn for job seekers her specialty.

Prior to joining Bravanti, Carolyn served as a leadership and career coach for a number of different firms and held positions in leadership development and training management within the manufacturing and media industries.

Carolyn is a member of the National Speakers' Association, the Central Florida chapter and has been serving as the Dean for the Speakers Academy for 7+ years. Also a graduate of Leadership St. Pete, the Council of Neighborhood Associations' Leadership Program, and the Entrepreneurial Academy of the St. Petersburg Area Chamber of Commerce, she served as president of her neighborhood association, co-chair of the Community Alliance, and was in officer positions within professional associations such as ATD, NSACF, SHRM, and BPW. She's a recent graduate of the St. Petersburg Police Department's Citizens Academy and Pinellas County Citizens Academy and currently serves as facilitator/planner for the CONA Leadership program.

Education & Credentials

Carolyn holds both a Bachelor's in Exceptional Education and a Master's in Vocational Rehabilitation from the University of Alabama. She serves as an adjunct professor at the University of Tampa coordinating 30+ professional coaches for the MBA FastStart program at the Sykes College of Business. She also taught psychology at the college level and high school exceptional student education.

Carolyn is certified in a number of assessments, including MBTI (Myers-Briggs Type Indicator), TKI (Thomas-Killmann), StrengthScope, and the CDP (Conflict Dynamics Profile). She holds certifications as a DDI (Development Dimensions International) Master Trainer, a Diversity Awareness Facilitator (Newspaper Association of America) and Becoming Conflict Competent master trainer (Mediation Institute).

Coaching Philosophy

Everyone has gifts and experiences to draw upon. I believe uncovering your passion and your goals will help move you forward to work with an organization you love doing the type of work you love. "Liberating Greatness" is my purpose!